

# West Bay Aquatics Schedule July/August 2017



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ADULT LEISURE 7:00-8:45 AM	ADULT LEISURE 7:00-8:05 AM	ADULT LEISURE 7:00-8:05 AM	ADULT LEISURE 7:00-8:05 AM	ADULT LEISURE 7:00-8:55 AM	ADULT LEISURE 7:00-8:05 AM	ADULT LEISURE 7:00-8:45AM
WATER FITNESS 9:00-10:00 AM Joanne	WATER FITNESS 8:15-9:15 AM Joanne	WATER FITNESS 8:15-9:15 AM Jessie	WATER FITNESS 8:15-9:15 AM Joanne	WATER FITNESS 9:00-10:00 AM Joanna	WATER FITNESS 8:15-9:15 AM Fatima	ADULT LESSONS 8:45-9:30 PM
THERAPEUTIC WORKOUT 10:15-11:00 AM Joanne	ADULT LEISURE 9:30-10:30 AM	WATER FITNESS 9:30-10:30 AM Jessie	ADULT LEISURE 9:15-10:15 AM	THERAPEUTIC WORKOUT 10:15-11:00AM	POOL CLOSED 9:15-9:30 PM	SWIM LESSONS 9:30-1100 AM
ADULT LEISURE 11:00-11:30 AM	FAMILY SWIM 10:30 AM-11:30 PM	ADULT LEISURE 10:30-11:30 AM	FAMILY SWIM 10:20-11:30 AM		SWIM LESSONS 9:30-12:00 PM	
POOL CLOSED 11:30 AM- 12:00 PM	POOL CLOSED 11:30-12:00 PM	POOL CLOSED 11:30AM- 12:00PM	POOL CLOSED 11:30-12:00PM	POOL CLOSED 11:30-12:00 PM	FAMILY SWIM 12:00-1:00 PM	FAMILY SWIM Private lessons 11:00-1:00 PM
FAMILY SWIM 12:00-1:30PM	ADULT LEISURE 12:00-2:00 PM	FAMILY SWIM 12:00-1:30 PM	ADULT LEISURE 12:00-2:30 PM	ADULT LEISURE 12:00-3:00 PM	ADULT LEISURE 1:00-1:45 PM	ADULT LEISURE 1:00-1:45PM
ADULT LEISURE SWIM 1:35-2:45 PM	FAMILY SWIM 2:15-3:15 PM	ADULT LEISURE 1:45-3:15 PM	FAMILY SWIM 2:30-3:30 PM	POOL CLOSED 3:00-3:30 PM		
FAMILY SWIM 2:50-4:15 PM	ADULT LEISURE 320-4:45 PM	FAMILY SWIM 3:15-4:15 PM	ADULT LEISURE 3:30-4:45 PM	ADULT LEISURE 3:30-5:45 PM		
Swim Lessons 4:20-6:30 PM	Swim Lessons 5:00-7:45 PM	Swim Lessons 4:20-7:00 PM	Swim Lessons 5:00-7:05 PM			
WATER FITNESS 6:30-7:30 PM Lisa		FAMILY SWIM 7:00-8:00 PM	FAMILY SWIM 7:25-8:00 PM	FAMILY SWIM 6:05-8:00 PM		
FAMILY SWIM 7:30-8:45 PM	ADULT LEISURE 7:45-8:45 PM	ADULT LEISURE 8:00-8:45 PM	ADULT LEISURE & ADULT SWIM LESSONS 8:00-8:45 PM	ADULT LEISURE 8:00-8:45 PM		UPDATED

THIS SCHEDULE IS SUBJECT TO CHANGE

**FAMILY SWIM:** During these recreational swim times, an adult (18+) must be in the pool area with any children age 12 and under, **AND** in the water with any children age 7 and under. Lifeguards have full discretion to determine safety policies. No instructional equipment is allowed.

**POLICIES:** To help everyone have a safe and positive experience, we ask that all members and guests understand and follow the guidelines. Please follow the rules posted in the pool area.

- Lifeguards reserve the right to ask any person, of any age, to perform a swimming test (min. of 25 yds) to ensure that his/her skills are suitable for the deep end of the pool.
- All swimmers with shoulder length hair must have it tied back or in a swim cap.