



NEWMAN YMCA POOL SCHEDULE

Revised 10/10

Fall 2017



(#) denotes available lanes

POOL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lap Swim (may be combined w/ other programs)	8:00-10:00a 10:00-2:30p(2)	5:30-8:00a 10:30-12:00p (1) 12:00p-3:00p 3:00-5:00p (2) 7:45-9:00p (2)	5:30-8:00a 8:00-12:00p (2) 12:00-2:30p 2:30-4:00 (2) 8:00-9:00p	5:30-8:00a 11:30-4:45p (2) 7:45-9:00p (2)	5:30-8:00a 8:00-9:30a (2) 11:30-5:55p (2) 8:00-9:00p	5:30-8:00a 11:30-3:00p (2) 3:00-8:30p (2)	6:00-8:00a 11:30-2:00p 2:00-6:00p (2)
Open Swim (may be combined w/ other programs)	11:00-4:30p(2)	10:30a-12:00p (1) 3:00-5:00p (2) 7:45-9:00p (2)	10:30-12:00p (2) 2:30-4:00p (2)	10:45a-12:00p(2) 3:00-5:00p (2) 7:45-9:00p (2)	10:00a-12:00a(2) 2:30-4:00p (2)	3:00-8:30p(2)	2:00-6:00p (2) CALL TO CHECK FOR BIRTHDAY PARTY
Swim Lessons (may be combined w/ other programs)		10:30-11:45a (2)	10:30-11:00a (2) 4:00-5:55p	10:30 - 11:30a (2)	10:30-11:45a (2) 4:00-5:55p (2)	10:30 - 11:30a (2)	8:15-9:00 (2) 9:00-10:30a 10:30-11:15a (2)
Barracudas Swim Team		5:00-7:00p	6:00-8:00p	5:00-7:00p	6:00-8:00p	4:00-5:00p Diving (@ Bayside YMCA)	8:00-9:00a (2)
Water Walking	10:00-11:00 (2)		8:00-10:30a(2)		8:00-9:30a(2)		
Aqua Arthritis		9:00-9:45a		9:00-9:45a		9:00-9:45a	
Community Family Swim	3:15-4:30p(all lanes) LAST SUNDAY OF EVERY MONTH						
Aqua Aerobics		8:15-9:00a 9:45-10:30a 7:00-7:45p		8:15-9:00a 9:45-10:30a 7:00-7:45p		8:15-9:00a 9:45-10:30a	
Rentals					9:30-11:30a(2)	10:30 - 11:30 (2)	

Community family swim is held the last Sunday of each month. Guests will be charged a non-member rate of \$5 per family.
Walk-in swim assessments held Friday October 13th, 20th, and 27th from 4:00-6:00pm & upon request.

Pool schedule is subject to change at any time. For questions and concerns please contact our
Aquatics Coordinator, Katie Neuman
P. 508-336-7103 x.50515 E. kneuman@gpymca.org